



THE **Great**
Katie Kate

**OFFERS ANSWERS
ABOUT ASTHMA**

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Soccer practice is Julie's favorite activity of the week. Today at practice, her coach had the team working on kicks.

Boom! Julie booted the soccer ball to her teammate and sprinted up the field.

"I'm open!" she shouted, racing toward the goal. "I'm—" Suddenly Julie felt a tightness in her chest, and she struggled to catch her breath. She had to stop running and sit down.

Her coach ran onto the field. "What's wrong?" he asked.

"I can't breathe," Julie gasped. "I think I need help. I'm worried!"

"I know you're worried. It's going to be okay," her coach said. "We'll call your parents and take you straight to the hospital."



Andrew was visiting Sally at her house. Sally's cat, Jack, sat at Andrew's feet, swishing his furry tail. Suddenly Andrew started to cough, and he couldn't catch his breath.

Sally's mother raced into the room. "What's wrong, Andrew?" she asked.

Andrew struggled to talk. "I can't breathe. I think I need help."

"Stay calm and try not to worry," Sally's mother said. "We'll go to the hospital, and I'll call your parents on the way."





Claire had just finished lunch at school. Lunch was the best time of the day because Claire and her friends liked to share desserts. Today Claire's friend shared homemade peanut butter cookies. They were delicious with cold milk!

Suddenly Claire felt dizzy. She found her teacher and asked if she could visit the school nurse.

In the nurse's office, Claire began to breathe very fast.

"What's going on? I think I need help," Claire wheezed.

"Try not to worry. It will be okay," the nurse said. "I'm going to call an ambulance now, and we will call your parents on the way to the hospital. We'll get there fast!"



